



SUPREME COURT BAR ASSOCIATION (Regd.)

SUPREME COURT OF INDIA, TILAK MARG, NEW DELHI-110 001(INDIA)

RefNo.:

Date:

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President

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Senior Advocate
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Mr. Tejveer Ahmad Khan

Date: 5th September, 2008

The Chairperson,
Life Eternal Trust
C-17, Qutub Institutional Area
New Delhi


Re.: Sahajayoga Meditation for Supreme Court Bar Association (SCBA)

We thankfully convey our appreciation to Life Eternal Trust Sahajayoga Team for conducting "Sahajayoga Meditation Program" for the members of the Supreme Court Bar Association, New Delhi since last 1 year.

This unique method of meditation based on an experience of the awakening of one's inner potential and the process called as Self Realization has been experienced by the Supreme court Senior staff and other Employees. I am sure this will go a long way in Stress Management and enjoying a balanced life at Physical, Mental and Spiritual Level by all the participants. We are thankful to you for conducting these workshop/Regular sessions for our members of SCBA. All the sessions conducted were very simple and scientific. The feedback has been encouraging.

Regular Sessions being conducted in Supreme Court be continued to impart the Stress Management and Improved IQ, EQ, SQ thru Sahajayoga Meditation.

Yours faithfully


Savitri Pandey
Assistant Treasurer
Supreme Court Bar Association
New Delhi

