

Dated 25th August ,2008

To,
Sahajayoga Coordinator
Life Eternal Trust
C17, Qutub Institutional Area
New Delhi-110017



Nokia Siemens Networks Pvt. Ltd
404 - 485 Udyog Vihar
Phase - II, Sector - 20
Gurgaon - 122 016, Haryana, India

Sub: Stress Management and Improved IQ, EQ, SQ thru Sahajayoga Meditation

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We at Nokia Siemens would like to sincerely thank Life Eternal Trust, Delhi for conducting a workshop on Sahajayoga Meditation for our employees in NSN Udyog Vihar, Gurgaon Office.

We had approx 100 of our employees attend the Sahajayoga workshop on Stress Management and Improved IQ, EQ, SQ. Each session was very well conducted and the scientific approach to the same was well appreciated and understood by the employees. The feedback on the same from all participants was excellent and employees have requested for regular sessions being conducted in the facility to allow more employees to benefit from the technique of Sahajayoga meditation and apply the same in their personnel and official life to lead a stress free healthy and balanced life. It was a unique and spontaneous experience of the Cosmic energy felt by almost all employees and relaxed feeling after the session.

Looking fwd to more such meditation session for NSN employees in this facility as Sahajayoga Corporate workshop team is already conducting similar sessions in our all India NSN Locations.

Yours Sincerely

For Nokia Siemens Networks Pvt. Ltd

Social Committee

A handwritten signature in blue ink, appearing to read "Rajiv Sehgal".

Siemens Networks Pvt. Ltd.
UDYOG VIHAR GURGAON