

To,

The Sahaja Yoga Coordinator
H.H Mataji Shri Nirmala Devi Life Eternal Trust
C-17, Qutub Institutional Area
Katwari Sarai
New Delhi-17

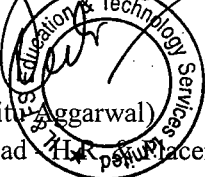
Dear Mr. Khosla,

We, at IL&FS would like to sincerely thank you for conducting a 90 minutes session for the employees, teaching them very valuable techniques of busting stress.

The session was very well conducted and all the employees could understand the theoretical and practical aspects of Sahaja Yoga. We have received a valuable and positive feedback from most of our employees stating that the session conducted was very helpful for them. Many of our employees would like to practice this therapy with your continued support and help.

Please keep us informed; should you come across such stress busting sessions in future as well.

Thanks and Regards


(Ritu Aggarwal)
Head - HR Placement.

IL&FS Skills Development Corporation Ltd.